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Psychology Interview



Student's Name

Institution of Learning



Psychology Interview

What does this person believe is important for a successful long-term relationship?

The person I have interviewed is called Hanna and she has been happily married for the last 17 years. She shared with some key secrets of successful couples. For an instance, she considers that the trust and confidence are the foundation stones of strong and successful long-term relations. At the start of their common life, Hanna and her husband agreed to have no secrets between them and share all the difficulties or happy moments. Therefore, in time of hardships, they always have two heads to think and two hearts to love, which eventually helps them to save their relations.

How does she or he handle conflict or differences of opinion in the relationship?

As all couples, Hanna and her husband have faced a lot of conflicts and life challenges. In her opinion, it was exactly the ability to make compromises which saved their marriage for several times. In times of severe conflicts or disputes over certain things, one of the beloved had to yield in the name of saving the marriage and interests of the other party. For example, when their first child was born, one of spouses had to leave the job in order to take care of baby. Both of parents wanted to

continue working; however, Hanna made little success in her job, thus, she left it.

How have passionate love, companionate love, and consummate love changed over the course of his or her relationship?

According to Hanna, their love did have certain stages. At first, it was rather emotional and physical. Two of them were significantly affected by one another and could not spend a day without being together for hours. Over time, it changed, and the passion is no longer present in their relations. However, they are more like true friends who share everything and have deep commitments before one another.

What was the main point(s) you took from the interview?

From the conducted interview, I have learned that successful long-term relations or marriage require a lot of efforts from both sides. In the example presented, the main one was the ability to compromise and trust each other. In addition, I have discovered that love does change over the time transforming into companionate or consummate love.